

# BNSF VISION CARE PROGRAM FOR PRE-MEDICARE RETIREES

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## VISION CARE PROGRAM FOR PRE-MEDICARE RETIREES

## **The Big Picture**

An Overview of the Vision Care Program

Effective January 1, 2016

#### VISION BENEFITS FOCUS ON PREVENTIVE CARE AND MAINTAINING GOOD EYESIGHT

Good vision is essential to many aspects of day-to-day life and necessary for certain types of work. To encourage lifelong eye health and maintain good eyesight, vision care benefits cover many of your regular needs for preventive and diagnostic eye exams, eyeglass lenses or contact lenses for vision correction, and eyeglass frames.

While you pay the full cost of coverage, BNSF has negotiated attractive group rates for services

through an extensive network of eye care providers. You also have the flexibility of using out-of-network providers at a lesser benefit level. The Vision Care Program for Pre-Medicare Retirees also offers discounts on services such as laser vision correction.

The two vision care options cover the same comprehensive services. They differ in some of the copays required and the frequency that a benefit is paid for eyeglass frames.

## VISION CARE OPTIONS IN BRIEF

Services are covered once per calendar year, except as noted.

	EyeMed Access Plan H–12		EyeMed Access Plan H–24	
	In-Network You Pay:	Out-of-Network: You Pay	In-Network: You Pay	Out-of-Network: You Pay
Exams	\$0	Cost over \$40	\$10	Cost over \$40
Eyeglass Lenses				
Single, Bifocal or Trifocal	\$10	Cost over \$25, \$40 or \$65 respectively	\$20	Cost over \$25, \$40 or \$65 respectively
Standard     Progressive	\$50	Cost over \$40	\$85	Cost over \$40
Eyeglass Frames	Cost over \$150, with 20% discount,* every calendar year	Cost over \$75, every calendar year	Cost over \$150, with 20% discount,* every other calendar year	Cost over \$75, every other calendar year
Contact Lenses You may choose contact lenses instead of eyeglass lenses. The Program does not pay for both.	Cost over \$150 for elective lenses	Cost over \$120 for elective lenses	Cost over \$150 for elective lenses	Cost over \$120 for elective lenses
	\$0 for medically necessary lenses	Cost over \$200 for medically necessary lenses	\$0 for medically necessary lenses	Cost over \$200 for medically necessary lenses

<sup>\*</sup> For in-network purchases, the discount applies to any cost that exceeds the covered amount.

#### HOW VISION CARE PROGRAM COVERAGE WORKS IN BRIEF

#### **Financial Assistance**

Vision care benefits at BNSF help you reduce your expenses for regular vision care needs, such as eye exams, eyeglasses and contact lenses. BNSF uses its significant buying power to offer you a program of high-quality services and products at discounted fees and prices through EyeMed Vision Care. This holds down expenses for many important vision care services for you and your family.

#### Cost

You pay the entire cost of your Vision Care coverage through a monthly billing or regular automatic deductions from your BNSF Retirement Plan pension. Your cost depends on the Vision Care Program option you select and which family members you choose to cover.

#### **Copayments and Benefit Allowances**

#### Exams and Lenses

Once every calendar year, both Vision Care Program options cover the cost of an in-network examination at either no cost, or after a small copayment from you. Also, each year the options cover standard plastic eyeglass lenses with only a fixed copayment from you.

#### **Frames**

The Program pays up to an allowance amount for frames, and you pay any additional cost. In addition, for in-network purchases, you receive a 20 percent discount off any portion of the cost that exceeds the covered amount.

The two Vision Care options differ in how often eyeglass frames are covered:

- ► EyeMed Access Plan H-12 *Every* calendar year.
- ► EyeMed Access Plan H-24 Every other calendar year.

#### Contact Lenses

Both Vision Care Program options provide benefits for purchase of contact lenses in place of eyeglass lenses. **Defined terms:** For the meaning of terms in blue, click to see the Defined Terms section.

Previous view: Return to your previous page by right clicking and selecting the "previous view" option. To add the handy "previous view" button to your toolbar, open your Adobe Reader tools and select Page Navigation, then Previous View.

- ► For medically necessary contact lenses purchased instead of standard plastic lenses and frames, the Program pays the full cost of one set of contacts per calendar year if purchased from an in-network provider.
- ▶ Elective contact lenses (those that are not medically necessary) also are covered, up to the calendar year allowance. You pay any additional cost. In addition, for in-network purchases, you receive a 15 percent discount off any portion of the cost that exceeds the covered amount for conventional contact lenses.

#### **Annual and Lifetime Maximum**

The Vision Care Program does not have annual or lifetime limits on the overall benefits available to you. However, the Program limits benefits for most types of service to a specific frequency or allowance amount as listed in the *Schedule of Benefits*.

#### **Vision Care Providers**

You may use any licensed vision care provider. However, your cost will almost always be less if you use EyeMed in-network providers. The Program provides greater benefits for in-network expenses. For a list of in-network providers, you may go to EyeMed's online provider directory at <a href="https://www.eyemedvisioncare.com">www.eyemedvisioncare.com</a>. In the Members section, select Find a Provider, then the Access network.

#### **Vision Care Claims**

EyeMed Vision Care in-network providers automatically file your claims for you, saving you time and effort.

If you use an out-of-network provider, you may have to pay the entire cost up front and file your own claims.

#### Filing Claims and Claim Appeals

The Vision Care Program includes rules for filing claims, such as time limits and the information required. It also includes a process for you to appeal claims decisions. Details are in the chapter of this SPD titled *Claims Procedures* – *Medical and Vision Care Programs for Pre-Medicare Retirees*.

#### EXPENSES COVERED UNDER THE VISION CARE PROGRAM IN BRIEF

The Vision Care Program offers coverage of many vision care services, including those listed later in the chapter. The *Schedule of Benefits* shown later in this chapter provides additional details.

Please note that certain limitations and exclusions apply to Vision Care Program coverage of these expenses. For specific information, refer to the following sections of

this chapter titled *Important Rules and*Administrative Information and Expenses Not Covered.

#### **Covered Services**

- ► Eye examinations
- ► Standard plastic eyeglass lenses
- ► Eyeglass frames
- ► Contact lenses

#### IMPORTANT RULES AND ADMINISTRATIVE INFORMATION IN BRIEF

## Pre-Authorization of Contact Lens Expense

To be sure you receive the maximum benefits under the Vision Care Program, you and your provider should call the Claims Administrator in advance to authorize benefits for contact lenses. The Claims Administrator will determine if medical necessity requirements are met. Benefits are greater for contacts that qualify under the Program as medically necessary, compared to elective contacts.

Ask for pre-authorization of expenses for contact lenses before making your purchase. The Claims Administrator will determine whether the contacts qualify as medically necessary or are elective.

#### When Coverage Ends

Coverage usually ends for a dependent when he or she is no longer eligible and for you when you die. If a covered dependent loses coverage because of no longer meeting dependent eligibility requirements, he or she may choose to continue coverage under COBRA by paying the full cost. For more information, see the chapter of this SPD titled *When Coverage Ends – Medical and Vision Care Programs for Pre-Medicare Retirees*.

#### **General and Administrative Information**

This SPD contains detailed information, including your privacy rights, which may assist you in using the Program. For details, refer to the chapters of this SPD titled *General Information About Your Rights to Benefits – Retirees*) and *Administrative Information – Medical and Vision Care Programs for Pre-Medicare Retirees*.

#### **Your ERISA Rights**

A federal law, ERISA, gives you important rights under the Program. Those rights are described in the chapter of this SPD titled *Your Rights Under ERISA – Medical and Vision Care Programs for Pre-Medicare Retirees*.

## **Coverage Details**

#### Vision Care Program for Retirees

#### **SCHEDULE OF BENEFITS**

Services are covered once per calendar year, except as noted.

	EyeMed Access Plan H–12		EyeMed Access Plan H–24	
BENEFITS	In-Network Program Pays:	Out-of-Network Program Pays:	In-Network Program Pays:	Out-of-Network Program Pays:
Examination (with dilation as necessary)	100%	Allowance of up to \$40	100% after \$10 copay	Allowance of up to \$40
Contact Lens Fitting and Follow-up	100% after \$55 copay	N/A	100% after \$55 copay	N/A
Standard Plastic Lenses				
Single Vision	100% after \$10 copay	Allowance of up to \$25	100% after \$20 copay	Allowance of up to \$25
Bifocal	100% after \$10 copay	Allowance of up to \$40	100% after \$20 copay	Allowance of up to \$40
Trifocal	100% after \$10 copay	Allowance of up to \$65	100% after \$20 copay	Allowance of up to \$65
Standard     Progressive	100% after \$50 copay	Allowance of up to \$40	100% after \$85 copay	Allowance of up to \$40
Lens Options*  • UV Coating	100% after \$15 copay	N/A	100% after \$15 copay	N/A
Tint (Solid and Gradient)	100% after \$15 copay	N/A	100% after \$15 copay	N/A
Standard     Scratch-     Resistance	100% after \$15 copay	N/A	100% after \$15 copay	N/A
Standard     Polycarbonate	100%	Allowance of up to \$20	100% after \$40 copay	N/A
Standard Anti- Reflective Coating	100% after \$45 copay	N/A	100% after \$45 copay	N/A
Other Add-ons and Services	20% off retail price	N/A	20% off retail price	N/A

<sup>\*</sup> Copays apply for each lens option requested. For example, you would pay \$30 for lenses with UV coating and tint (\$15 + \$15).

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	EyeMed Access Plan H–12		EyeMed Access Plan H–24	
BENEFITS	In-Network Program Pays:	Out-of-Network Program Pays:	In-Network Program Pays:	Out-of-Network Program Pays:
Frames Any frame available at provider location	Allowance of up to \$150, with 20% discount off any balance, every calendar year	Allowance of up to \$75, every calendar year	Allowance of up to \$150, with 20% discount off any balance, every other calendar year	Allowance of up to \$75, every other calendar year
Contact Lenses  • Medically Necessary	100% (no maximum)	Allowance of up to \$200	100% (no maximum)	Allowance of up to \$200
Elective,     Conventional	Allowance of up to \$150, with 15% discount off any balance	Allowance of up to \$120	Allowance of up to \$150, with 15% discount off any balance	Allowance of up to \$120
Elective,     Disposable	Allowance of up to \$150	Allowance of up to \$120	Allowance of up to \$150	Allowance of up to \$120
Laser Vision Correction Price Discount Lasik or PRK from U.S. Laser Network	Greater of 15% off retail price; or 5% off promotional price	N/A	Greater of 15% off retail price; or 5% off promotional price	N/A
Frequency • Examination	Once every calendar year		Once every calendar year	
• Frames	Once <i>every</i> calendar year		Once every other calendar year	
Plastic Lenses	Once every calendar year		Once every calendar year	
Contact Lenses	Once every calendar year		Once every calendar year	

#### **Exception**

Contact lenses may be purchased instead of eyeglass lenses. To receive the benefit for medically necessary contact lenses, you and your provider must receive approval from the Claims Administrator in advance.

#### HOW VISION CARE PROGRAM COVERAGE WORKS

# Your Contributions for Coverage

EyeMed determines the premium for each Vision Care Program option. Your contributions are shown on the BNSF Benefits Center site during the annual enrollment period or during your enrollment period as a newly eligible retiree. Your contribution depends on the option you select and whom you choose to cover (such as you only, you + spouse, etc.).

You make your contributions through a monthly billing or regular automatic deductions from your BNSF Retirement Plan pension.

## Program Options

The Vision Care Program offers you two options for coverage:

- ► EyeMed Access Plan H-12, and
- ► EyeMed Access Plan H–24.

The EyeMed Access Plan H-12 option covers eyeglass frames purchases *every* calendar year and includes lower copays for some services. The EyeMed Access Plan H–24 covers eyeglass frame purchases *every other* calendar year and requires a lower contribution from you.

See the description of Program options in the *Schedule of Benefits*.

#### Copayments

#### **Examinations and Standard Plastic Lenses**

If you use an EyeMed Vision Care in-network provider, you are eligible to receive eye examinations and standard plastic eyeglass lenses every calendar year. Innetwork exams are provided at no cost to you under the EyeMed Access Plan H-12 option and for a fixed copayment under the EyeMed Access Plan H-24 option.

Examinations include a review of the patient's vision history, dilation, a glaucoma pressure check (tonometry), ophthalmoscopic examinations and certain other services.

Copayment amounts are shown in the Schedule of Benefits.

## Allowances and Discounts

#### **Eyeglass Frames**

You receive an allowance toward the cost of eyeglass frames:

- ▶ Once *every* calendar year under the EyeMed Access Plan H-12 option, or
- Once *every other* calendar year under the EyeMed Access Plan H-24 option.

Allowances are greater when you use EyeMed Vision Care in-network providers as shown in the *Schedule of Benefits*.

#### **Contact Lenses**

You may select contact lenses instead of standard plastic eyeglass lenses every calendar year through either Program option. The Program covers 100 percent of the cost for medically necessary contact lenses purchased from an in-network provider. The allowance for elective contact lenses is lower.

If you use an out-of-network provider, you will receive an allowance toward the cost of services.

Allowance amounts are shown in the Schedule of Benefits.

#### **Discounts on Other Expenses**

Most in-network providers offer substantial discounts, including:

- ▶ 20 percent off the cost of items not covered by the Vision Care Program. The discount may not be combined with any other discounts or promotional offers and does not apply to in-network provider's professional services or contact lenses.
- ▶ After the purchase of the first pair of eyeglass frames in a benefit period (every calendar year under the H-12 option and every other calendar year under H-24), for each covered family member:
  - 40 percent discount off the purchase of an additional pair of eyeglasses, and
  - 15 percent discount off the purchase of an additional pair of conventional contact lenses.
- ▶ Price discounts as noted under *Laser Vision Correction* are also offered.

## Annual and Lifetime Maximums

The Vision Care Program does not have annual or lifetime limits on the overall benefits provided. However, the Program limits benefits for most types of service to a specific frequency or allowance amount as listed in the *Schedule of Benefits*.

#### EyeMed Provider Network

EyeMed Vision Care, the Vision Care Program's Claims Administrator, has contracted with a broad range of vision care service providers and brought them together into the EyeMed Vision Care Network. These providers have agreed to provide you quality vision care services at discounted contract rates, which saves you money.

While you are free to use any licensed vision care provider, you almost always will pay less if you use in-network providers. In addition to discounted in-network fees and prices, benefits for services by in-network providers are greater. Benefits are less, and fees and prices may be higher, for out-of-network providers.

To locate in-network providers, go to EyeMed's online provider directory at www.eyemedvisioncare.com. In the Members section, select Find a Provider, then the Access network.

#### Preauthorization for Contact Lenses

You or your vision care provider should ask the Claims Administrator for a pre-authorization review of your purchase of contact lenses prior to purchasing them. The review will determine if the contact lenses are medically necessary or elective, and the corresponding benefits payable by the Program. Benefits are greater for contacts that qualify under the Program as medically necessary.

Ask for preauthorization of any purchases of contact lenses.

#### **Definition of Medically Necessary**

For contact lenses to qualify as medically necessary under the Program, your provider must receive pre-authorization from the Claims Administrator and at least one of the following conditions must apply:

- $\blacktriangleright$  Your prescription requires greater than + or 12.00D in spherical equivalent;
- ➤ You have a keratoconus or similar corneal malady not correctable to 20 / 40 in either or both eyes using standard spectacle lenses;
- ► You have anisometropia of 5.00D or more;
- ► Bandage-type lenses are medically indicated; or
- ➤ Your vision can be corrected two lines of improvement on the visual acuity chart when compared to best corrected standard spectacle lenses.

## Laser Vision Correction

The Vision Care Program does not cover laser vision correction. However, you may use providers who have agreed to offer laser vision correction at discounted pricing. Laser vision surgery is an elective procedure that includes potential risks. The Program does not guarantee the outcome of any refractive surgical procedure or a total elimination of the need for glasses or contacts. The Program provides only access to a discounted price if you decide you want laser vision correction.

#### **Price Discounts**

Price discounts on Lasik or PRK laser vision correction are available through innetwork providers in the U.S. Laser Network. For more information, see the U.S. Laser Network website at <a href="https://www.eyemedlasik.com">www.eyemedlasik.com</a> or call 877-5LASER6 toll-free.

#### GENERAL EXCLUSIONS

# Expenses that Are Not Covered

The following vision care services, supplies or expenses are not covered:

- Orthoptics or vision training and any supplemental testing.
- ► Plano (non-prescription) lenses.
- ► Two pairs of eyeglasses instead of bifocals or trifocals.
- ▶ Medical or surgical treatment of the eyes.
- ► An eye examination or corrective eyewear required as a condition of employment, including safety eyewear.
- ► Any injury or illness covered under a workers' compensation or similar law, or which is work-related.
- ► Non-prescription sunglasses.
- Sub-normal vision aids.
- ▶ Experimental or non-conventional treatments or devices.
- Services or materials provided by any other group benefit plan providing vision care.

- ► Eyeglass lens styles, materials or treatments not included in the *Schedule of Benefits*.
- Laser vision correction (except for discounts noted in the *Schedule of Benefits*).

#### **OTHER INFORMATION**

#### BNSF's Privacy Practices

Participants in the Burlington Northern Santa Fe Group Benefits Plan (the "Plan") have certain rights under the Health Insurance Portability and Accountability Act (HIPAA). These rights and the Plan's legal duties with respect to protected health information (PHI), including how the Plan may use and disclose PHI, are explained in the Plan's Privacy Practices Notice.

Retirees may view or print a copy of the Privacy Practices Notice from the Internet at www.bnsf.com/retirees/exempt-retirees/pdf/PrivacyPracticeNotice.pdf. In addition, any participant may request a copy by calling the Employee Service Center at 800-234-1283, option 6.

You may also contact the Plan's Privacy Official at the number above for more information on the Plan's privacy policies or your rights under HIPAA.

#### WHOM TO CALL ABOUT YOUR BENEFITS



For questions about the enrollment process or eligibility for benefits under the Vision Care Program for Pre-Medicare Retirees, call the BNSF Benefits Center at 877-451-2363.

For questions about expenses or claims covered under the Vision Care Program, call EyeMed Vision Care at 866-723-0513.

#### **DEFINED TERMS**

#### **About These Terms**

The following definitions of certain words and phrases will help you understand the benefits to which the definitions apply.

Some definitions apply in a special way to specific benefits. So, if a term that is defined in another chapter of this SPD also appears as a defined term listed here, the definition in the other chapter will apply to that specific chapter rather than the definition below. Previous view: Return to your previous page by right clicking and selecting the "previous view" option.

To add the handy "previous view" button to your toolbar, open your Adobe Reader tools and select Page Navigation, then Previous View

**Claims or Account Administrators** – See the *Administrative Information* chapter of this SPD for identification of Claims and Account Administrators.

**COBRA** – Consolidated Omnibus Budget Reconciliation Act of 1985, as amended. For more information on your COBRA rights, see the chapter of this SPD titled *Continuing Health Care Coverage Under COBRA* – *Medical and Vision Care Programs for Pre-Medicare Retirees*.

**Conventional** – Contact lenses designed to be worn for a considerable period of time before being replaced.

**Copayment** – The fixed dollar amount you pay each time you receive a service or supply.

**Medically necessary** – See related section of this SPD.

**Pre-authorization** – See related section of this SPD.